

In kind donations needed for the Newark Empowerment Center

- **Hot beverages:**
 - Coffee
 - Sweetener
 - Creamer
 - Stir sticks
- **Bag Lunches "Go Bag" contents:**
 - Protein source such as a microwavable pasta meal, single serving soup/stew, or tuna lunch
 - Individual Juice box/bag
 - Snack pack such as Granola Bar, Crackers with cheese or peanut butter, cookies, etc
 - Applesauce or individual fruit cup
 - Spoon
 - Napkin
 - Each lunch should be put together in a gallon sized Ziploc-type bag.
 - All expiration dates should be at least 3 months from date of purchase.
 - **All items should be placed in a gallon sized Ziploc-type bag**
- **"Hygiene Kit" contents:**
 - Soap
 - Toothpaste
 - Toothbrush
 - Deodorant
 - Hand Lotion
 - Comb
 - Shampoo
 - Razor
 - Shaving Cream
 - Feminine Hygiene Products
 - Tissues
 - Small, travel-sized items work best
 - Include the feminine hygiene products in 1/3 of the bags.
 - Please make sure toothpaste expiration date is at least 3 months from date of purchase
 - **All items should be placed in a gallon sized Ziploc-type bag**

Newark Empowerment Center

Newark United Methodist Church
69 E. Main Street
Newark, DE 19711

Monday through Friday - 1:00 - 4:00 pm
302-544-0165